



# MindfulCare

H e a l i n g   A r t s

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**HERE'S WHAT OTHERS ARE SAYING ABOUT GREENSFIRST!**

"With your 60-Second System & your wonderful products, GreensFirst & Dream Protein, Complete Essentials & Red Alert, we started immediately! We followed exactly what you told us to do and the money started flowing in FAST!

**-Doug N, Omaha, NE**

"Don has done a wonderful job of making an easily integrated time-efficient program! Talk about a winwin...tremendous potential health benefit with great profitability!"

**-Bruce Weiland, DC, Whittier, CA**

"As a chiropractor and clinical nutritionist of 14 years, I recommend Dream Protein and the Wellness Watcher's Program for all of our patients. We've been using Dream Protein in our office for one year now – and it's GREAT! Our patients use it to supplement their diets, for body-building and weight loss of 5 to 50 plus pounds! They love the benefits of whey protein with only 2 carbs and NO sugar. Most protein drinks without sugar are hard to find and when you do, you have to sneak up on it to drink a glass, due to the taste! Dream Protein is wonderful tasting – even in water. Results have been amazing and surprising, especially for those losing weight. They are losing inches and fat, not precious muscle. Our patients on Dream Protein report they are feeling better overall and have more energy! Once our patients try the Dream Protein, they are hooked – as I am! Thank you! –

**-Mark Waterman, DC & Andrea Waterman, Claremont, CA**

In reference to GreensFirst, "As a triathlete, I have noticed a definite increase in my endurance. It's good tasting, too!"

**- Michael J. Failla, DC Main-Line Medical, Milford, PA**

"In just a few short weeks of taking GreensFirst, my allergies have greatly subsided. I also have more energy! -

**-Dawn Yonally, PhD, Escondido, CA**

"I am 37 years old & I'm healthier now than I was at 20! I've used Dream Protein for 10 months & lost 57 lbs PLUS I no longer suffer from migraine headaches or fatigue. I WOULD NEVER GO BACK TO MY LIFE BEFORE DREAM PROTEIN. I gave it to my family members for Christmas because I want them to feel as good as I do! I had surgery for a deviated septum and sinus problems. The doctor told me I would be out of work for 2-3 weeks with a lot of pain...So I consulted with the doctors I work for which, incidentally, put me on the Dream Protein and they suggested that I double my Dream Protein daily for several days prior to and afterwards. I did as they suggested and the end results were amazing! I went back to work in 1 week. I had very little bruising or swelling and very little discomfort!

**- Chris Smith, Office Manager, Easley, SC**